



**Clinical Assistant Professor**

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**Licensed Clinical Psychologist**

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**EDUCATION & TRAINING**

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**Postdoctoral Associate**

08/2019 – 09/2020

**Florida International University, Center for Children and Families,**  
Miami, FL

Fellowship in the Mental Health Interventions and Technology (MINT) Anxiety Program

Principal Investigator: Jonathan Comer, PhD

**Postdoctoral Fellow**

08/2017 – 07/2019

**University of Miami,** Coral Gables, FL

Research Fellowship on NIMH-funded study (R01 MH106536): Unified Treatment of Adolescent Emotional Disorders in Community Clinics

Principal Investigators: Amanda Jensen-Doss, PhD and Jill Ehrenreich May, PhD

**Clinical Fellow**

07/2016 – 06/2017

**Massachusetts General Hospital/Harvard Medical School,**  
Boston, MA

APA-Accredited Clinical Psychology Internship Program

Specialization in Cognitive-Behavioral Therapy (CBT)

Director of Clinical Training: Sheila O'Keefe, EdD

**Ph.D.**

09/2013 – 08/2017

**University of Miami,** Coral Gables, FL

APA Accredited Program: Clinical Psychology

Specialization in Adult Clinical Track

Dissertation: *The role of negative and positive emotional reactions in hoarding symptomatology*

Advisor and Dissertation Chair: Kiara R. Timpano, PhD

**M.S.**

08/2011 – 08/2013

**University of Miami,** Coral Gables, FL

Thesis: *An experimental investigation of the relationship between hoarding and stress*

Advisor and Thesis Chair: Kiara R. Timpano, PhD

**B.A.**

08/2005 – 05/2009

**University of North Carolina at Chapel Hill,** Chapel Hill, NC

Majors: Psychology and French

Cumulative GPA: 3.91; Highest Distinction

## PROFESSIONAL EXPERIENCE

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### **Clinical Director & Licensed Clinical Psychologist**

08/2019 – Present

*MINT Anxiety Program*

*Florida International University, Center for Children and Families, Miami, FL*

Director: Jonathan Comer, PhD

- Oversee clinical care of youth aged 3 to 17 with anxiety and related disorders (e.g., obsessive-compulsive disorder, depression, selective mutism), including reviewing diagnostic reports, managing referrals and our waitlist, and making case assignments. Youth have a range of comorbid psychopathology, including autism spectrum and externalizing disorders.
- Provide individual and group clinical supervision to psychology trainees, including clinical psychology doctoral students, professional counseling psychology Master's students, and psychiatric nurse practitioner students) providing individual and group therapy to youth with anxiety and related disorders.
- Conduct trainings on diagnostic interviewing, cognitive behavior therapy for anxiety in youth, addressing diversity in clinical care, and case conceptualization.
- Manage our online and local presence, including keeping an active social media presence, writing blogs, and maintaining relationships with local providers and schools.
- Provide individual therapy to youth with emotional disorders.

### **Postdoctoral Research Fellow & Project Director**

08/2017 – 07/2019

*Unified Treatment of Adolescent Emotional Disorders in Community Clinics (R01 MH106536), University of Miami, Dept. of Psychology, Coral Gables, FL*

Supervisors: Jill Ehrenreich May, PhD and Amanda Jensen-Doss, PhD

- Coordinated large, cross-site effectiveness study that seeks to disseminate the Unified Protocol for Adolescents (UP-A), a transdiagnostic treatment for adolescents with depression and anxiety, and monitoring and feedback systems to therapists at five local community mental health clinics.
- Recruited, trained, and provided weekly phone consultation to community therapists on implementing the UP-A and the Youth Outcome Questionnaire (YOQ).
- Oversaw staff of eight undergraduate research assistants (RAs), a post-baccalaureate RA, and eight independent evaluators, including dividing personnel responsibilities for peak efficiency.

### **Assistant Director**

01/2012 – 06/2016

*Program for Anxiety, Stress, & OCD, University of Miami, Dept. of Psychology, Coral Gables, FL*

Supervisor: Kiara Timpano, PhD

- Supervised day-to-day program activities, including coordinating recruitment efforts and community outreach, and interacting with local mental health providers.
- Trained graduate students on administering SCID interviews and assessing suicide risk.
- Managed staff of 11 undergraduate RAs and was primary mentor for three undergraduate honors thesis students.
- Coordinated several concurrently run projects on anxiety and obsessive-compulsive (OC) spectrum disorders, including a neuroimaging study examining decision-making in patients with hoarding.

## GRANTS AND FUNDING

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### **Greater Houston Community Foundation (A-91638; Storch, E. A., PI)**

*Greater Houston Community Foundation*; 04/1/20-present; Independent contractor Consultant, "Project REACH during COVID-19"

This study seeks to utilize an abbreviated version of the *Unified Protocol for the Transdiagnostic Treatment of Emotional Disorders (UP)* to ameliorate COVID-19 related distress in individuals in the greater Houston area through telehealth during the COVID-19 pandemic.

### **Red Cross (Storch, E. A., PI)**

*Red Cross*; 10/1/18-08/31/19; Funded overload salary

Consultant, "Project HEART: Harvey Emotional Assistance & Recovery Therapy"

This study sought to examine the utility of a stepped care (5 session) version of the UP to ameliorate internalizing symptoms in adults with depression, anxiety, or trauma in the greater Houston area.

### **Greater Houston Community Foundation (A-91638; Storch, E. A., PI)**

*Greater Houston Community Foundation*; 07/1/18-07/11/19; Funded 10% of salary

Consultant, "Project REACH"

This study sought to utilize the UPs (Adult, Adolescent, and Child versions) to ameliorate behavioral health problems (depression, anxiety, or trauma) in individuals in the greater Houston area.

### **American Psychological Foundation/Council of Graduate Departments of Psychology (APF/COGDOP) William and Dorothy Bevan Scholarship**

*American Psychological Foundation*; 2015 – 2016; Total funding of \$5,000

Principal Investigator, "Negative and positive emotional reactions in hoarding"

### **Department of Psychology/Fred C. and Helen Donn Flipse Research Support Fund**

*University of Miami*; 2012 – 2016; Total funding of \$2,000

Principal Investigator, "Negative and positive emotional reactions in hoarding"

Principal Investigator, "An experimental investigation of the relationship between hoarding and stress"

### **Ruth L. Kirschstein, National Science Research Award (1F31MH107105-01), submitted**

08/2014, *National Institute of Mental Health, Bethesda MD*; Not awarded

Principal Investigator, "Negative and positive emotional reactions in hoarding"

## PUBLICATIONS

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1. **Shaw, A. M.**, Halliday, E. R., & Ehrenreich-May, J. (accepted for publication). The effect of transdiagnostic emotion-focused treatment on obsessive-compulsive symptoms in children and adolescents. *Journal of Obsessive-Compulsive and Related Disorders*.
2. Tonarely, N. A., Hirlmann, A., **Shaw, A. M.**, Ginsburg, G. S., Jensen-Doss, A., LoCurto, J., Souer, H., & Ehrenreich-May, J. (in press). The clinical utility of the Behavioral Indicator of Resiliency to Distress (BIRD) task in a clinical sample of youth with emotional disorders. *Journal of Psychopathology and Behavioral Assessment*.

3. Tonarely, N. A., Sherman, J. A., Grossman, R. A., **Shaw, A. M.**, & Ehrenreich-May, J. (2020). Neuroticism as an underlying construct in youth emotional disorders. *The Bulletin of the Menninger Clinic*, *84*, doi: 10.1521/bumc.2020.84.3.214
4. Jensen-Doss, A., Smith, A. M., Walsh, L. M., Mora Ringle, V., **Shaw, A. M.**, Casline, E., Patel, Z., Hanson, R., & Webster, R. (2019). Preaching to the choir? Predictors of engagement in a community-based learning collaborative. *Administration and Policy in Mental Health and Mental Health Services Research*. doi: 10.1007/s10488-019-00985-4
5. Hana, L. M., Cepeda, S. L., Christian, C. C., Schneider, S. C., **Shaw, A. M.**, Ehrenreich-May, J., Salloum, A., Williams, L., Shah, A. A., and Storch, E. A. (2019). Project Reach: Implementation of evidence-based psychotherapy within integrated healthcare for Hurricane Harvey affected individuals. *Journal of Family Strengths*, *19*.
6. Arditte Hall, K. A., Brown, C. A., **Shaw, A. M.**, & Timpano, K. R. (2019). Are hoarding symptoms associated with interpersonally-relevant attentional biases? A preliminary investigation. *Journal of Obsessive-Compulsive and Related Disorders*, *22*, doi: 10.1016/j.jocrd.2019.100449
7. Jensen-Doss, A., Ehrenreich-May, Nanda, M. M., Maxwell, C. A., LoCurto, J., **Shaw, A. M.**, Souer, H., Rosenfield, D., & Ginsburg, G. S. (2018). Community study of outcome monitoring for emotional disorders in teens (COMET): A comparative effectiveness trial of a transdiagnostic treatment and a measurement feedback system. *Contemporary Clinical Trials*, *74*, 18-24. doi: 10.1016/j.cct.2018.09.011
8. Berman, N., **Shaw, A. M.**, & Wilhelm, S. (2018). Emotion regulation in patients with obsessive compulsive disorder: Unique effects for those with "taboo thoughts." *Cognitive Therapy and Research*, *42*, 674-685. doi:10.1007/s10608-018-9911-z
9. Weingarden, H., **Shaw, A. M.**, Phillips, K. A., & Wilhelm, S. (2018). Shame and defectiveness beliefs in treatment-seeking patients with body dysmorphic disorder. *Journal of Nervous and Mental Disease*, *206*, 417-422. doi: 10.1097/NMD.0000000000000808
10. Berman, N., **Shaw, A. M.**, Curley, E. E., & Wilhelm, S. (2018). Emotion regulation and obsessive-compulsive phenomena in youth. *Journal of Obsessive-Compulsive and Related Disorders*, *19*, 44-49. doi: 10.1016/j.jocrd.2018.07.005
11. **Shaw, A. M.**, Carbonella, J. Y., Arditte Hall, K. A., & Timpano, K. R. (2017). Obsessive-compulsive and depressive symptoms: The role of depressive cognitive styles. *Journal of Psychology*, *151*, 532-546. doi: 10.1080/00223980.2017.1372341
12. Hudiburgh, S., **Shaw, A. M.**, Arditte Hall, K. A., & Timpano, K. R. (2017). Anxiety sensitivity differentially predicts interpersonal suicide risk: A consideration of specificity. *Suicide and Life-Threatening Behavior*, *49*, 264-277. doi: 10.1111/sltb.12421
13. **Shaw, A. M.**, Arditte Hall, K. A., Rosenfield, E., & Timpano, K. R. (2016). Body dysmorphic disorder symptoms and risk for suicide: The role of depression. *Body Image*, *19*, 169-174. doi: 10.1016/j.bodyim.2016.09.007
14. **Shaw, A. M.**, & Timpano, K. R. (2016). An experimental investigation of the effect of stress on saving and acquiring behavioral tendencies: The role of distress tolerance and negative urgency. *Behavior Therapy*, *47*, 116-129. doi: 10.1016/j.beth.2015.10.003
15. Arditte, K. A., **Shaw, A. M.**, & Timpano, K. R. (2016). Repetitive negative thinking: A transdiagnostic correlate of affective disorders. *Journal of Social and Clinical Psychology*, *35*, 181-201. doi: 10.1521/jscp.2016.35.3.181
16. Arditte, K. A., Morabito, D. M., **Shaw, A. M.** & Timpano, K. R. (2016). Interpersonal risk for suicide in social anxiety: The roles of shame and depression. *Psychiatry Research*, *239*, 139-144. doi: 10.1016/j.psychres.2016.03.017

17. Timpano, K. R., Raines, A. M., **Shaw, A. M.**, Keough, M. E., & Schmidt, N. B. (2016). Effects of a brief anxiety sensitivity reduction intervention on obsessive compulsive spectrum symptoms in a young adult sample. *Journal of Psychiatric Research*, *83*, 8-15. doi: 10.1016/j.jpsychires.2016.07.022
18. Greenberg, J. L., **Shaw, A. M.**, Reuman, L., Schwartz, R. A., & Wilhelm, S. (2016). Clinical features of olfactory reference syndrome: An internet-based survey. *Journal of Psychosomatic Research*, *80*, 11-16. doi: 10.1016/j.jpsychores.2015.11.001
19. **Shaw, A. M.**, Timpano, K. R., Steketee, G. S., Tolin, D. F., & Frost, R. O. (2015). Hoarding and emotional reactivity: The link between negative emotional reactions and hoarding symptomatology. *Journal of Psychiatric Research*, *63*, 84-90. doi: 10.1016/j.jpsychires.2015.02.009
20. **Shaw, A. M.**, Llabre, M. M., & Timpano, K. R. (2015). Affect intolerance and hoarding symptoms: A structural equation modeling approach. *International Journal of Cognitive Therapy*, *8*, 1-17. doi: 10.1521/ijct\_2015\_8\_05
21. **Shaw, A. M.**, Timpano, K. R., Tran, T. B., & Joormann, J. (2015). Correlates of Facebook usage patterns: The relationship between passive Facebook use, social anxiety, and brooding. *Computers in Human Behavior*, *48*, 575-580. doi: 10.1016/j.chb.2015.02.003
22. **Shaw, A. M.**, Witcraft, S. M., & Timpano, K. R. (2015). The relationship between traumatic life events and hoarding symptoms: A multi-method approach. *Cognitive Behaviour Therapy*, *45*, 1-11. doi: 10.1080/16506073.2015.1101150
23. Arditte, K. A., Cek, D., **Shaw, A. M.** & Timpano, K. R. (2015). The importance of assessing clinical phenomena in Mechanical Turk research. *Psychological Assessment*, *28*, 684-691. doi: 10.1037/pas0000217
24. Timpano, K. R., **Shaw, A. M.**, Cogle, J. R., & Fitch, K. E. (2014). A multi-faceted assessment of emotional tolerance and intensity in hoarding. *Behavior Therapy*, *45*, 690-699. doi: 10.1016/j.beth.2014.04.002
25. He, L., Ewing, J., **Shaw, A. M.**, Wang, J., & Chasson, G. S. (2014). A cross-sectional investigation of autogenous and reactive obsessions and associated cognitive correlates in China. *International Journal of Clinical and Health Psychology*, *14*, 93-101. doi: 10.1016/S1697-2600(14)70042-0
26. Timpano, K. R., **Shaw, A. M.**, Yang, J. C., & Cek, D. (2013). Information processing. In R.O. Frost & G. Steketee (Eds). *The Oxford handbook of hoarding and acquiring* (pp. 100-119). New York, NY: Oxford University Press.
27. Timpano, K. R., & **Shaw, A. M.** (2012). Conferring humanness: The role of anthropomorphism in hoarding. *Personality and Individual Differences*, *54*, 383-388. doi: 10.1016/j.paid.2012.10.007
28. Chasson, G. S., Timpano, K. R., Greenberg, J. L., **Shaw, A.**, Singer, T., & Wilhelm, S. (2011). Shared social competence impairment: Another link between the obsessive-compulsive and autism spectrums? *Clinical Psychology Review*, *31*, 653-662. doi: 10.1016/j.cpr.2011.02.006

## MANUSCRIPTS UNDER REVIEW

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1. **Shaw, A. M.**, Halliday, E. R., Tonarely, N. A., & Ehrenreich-May, J. (revise and re-submit). Relationship of affect intolerance to internalizing symptoms in youth. *Journal of Affective Disorders*.
2. **Shaw, A. M.** & Halliday, E. R. (under review). Obsessive-Compulsive Disorder and Tic Disorder/Tourette's. In J. Ehrenreich-May & S. Kennedy (Eds). *Applications of the Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents*. Oxford University Press.

3. **Shaw, A. M.**, Brown, R. L., Mora Ringle, V. A., & Cobham, V. E. (under review). Community Mental Health Delivery. In J. Ehrenreich-May & S. Kennedy (Eds). *Applications of the Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents*. Oxford University Press.
4. **Shaw, A. M.** & Timpano, K. R. (in preparation). Physiological and subjective indicators of negative and positive emotional reactivity in persons with hoarding, collectors, and healthy controls.

## **SYMPOSIA AT SCIENTIFIC MEETINGS**

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1. **Shaw, A. M.**, Halliday, E. R., & Ehrenreich-May, J. (2020, November). The effect of transdiagnostic emotion-focused treatment on obsessive-compulsive symptoms in children and adolescents. To be presented at the 54<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
2. **Shaw, A. M.** (2020, February). Conducting semi-structured assessment of suicide risk in youth in clinical settings: Balancing standardization with clinical utility. Workshop presented at the annual Miami International Child and Adolescent Mental Health conference, Miami, FL.
3. **Shaw, A. M.** & Timpano, K. R. (2019, November). Physiological and subjective indicators of negative and positive emotional reactivity in persons with hoarding, collectors, and healthy controls. Presented at the 53<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
4. Timpano, K. R., **Shaw, A. M.**, Doss, B., Hellberg, S., Schmidt, N. B., & Abramowitz, J. S. (2019, November). Untangling the association between postpartum obsessions, couple satisfaction, and perceived stress. Presented at the 53<sup>rd</sup> annual convention of the Association for Cognitive and Behavioral Therapies, Atlanta, GA.
5. **Shaw, A. M.** & Timpano, K. R. (2019, July). Sensitivity to interpersonal criticism in hoarding. Presented at the 9<sup>th</sup> World Congress of Behavioural and Cognitive Therapies, Berlin, Germany.
6. **Shaw, A. M.**, Halliday, E. R., Tonarely, N. A., & Ehrenreich-May, J. (2019, March). Affect intolerance in youth with emotional disorders: A structural equation modeling approach. In **A. M. Shaw** (Chair), *Innovations in the measurement of affect intolerance: Tools for efficiently capturing distress tolerance and anxiety sensitivity across disorders and ages*. Presented at the 39<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
7. Tonarely, N. A., **Shaw, A. M.**, Jensen-Doss, A., Ginsburg, G., LoCurto, J., Souer, H., Ehrenreich-May, J. (2019, March). Behavioral and self-report measures of distress tolerance: concordance and correlates in a university versus community clinic sample of youth with emotional disorders. In **A. M. Shaw** (Chair), *Innovations in the measurement of affect intolerance: Tools for efficiently capturing distress tolerance and anxiety sensitivity across disorders and ages*. Presented at the 39<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
8. **Shaw, A. M.**, Mora Ringle, V. A., Halliday, E. R., Maxwell, C. A., Ginsburg, G. S., Ehrenreich-May, J., & Jensen-Doss, A. (2018, November). An unexpected barrier to dissemination and implementation research: Predictors of community therapist drop-out in an effectiveness study. Presented at the 52<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.

9. Timpano, K. R., **Shaw, A. M.**, Evans, T., & Britton, J. (2018, November). Interpersonal decision-making deficits in hoarding: Brain-behavior relationships. Presented at the 52<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
10. Jensen-Doss, A., Smith, A. M., Walsh, L. M., Mora Ringle, V., **Shaw, A. M.**, Casline, E., Patel, Z., Hanson, R., Webster, R. (2018, November). Predictors of engagement in a community-based learning collaborative. Presented at the 52<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
11. Timpano, K. R., **Shaw, A. M.**, & Cek, D. (2017, November). Mapping the boundaries of pathological hoarding: Characterizing a continuum by comparing clinical, healthy, collector, and at-risk populations. Presented at the 51<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
12. Timpano, K. R., & **Shaw, A. M.** (2017, November). Buried in Treasures in Miami: A replication of the effectiveness of a biblio-based support group for hoarding disorder. Presented at the 51<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
13. **Shaw, A. M.**, & Timpano, K. R. (2016, July). Negative and positive emotional reactions in hoarding. Presented at the 23<sup>rd</sup> annual meeting of the International OCD Foundation, Boston, MA.
14. Timpano, K. R., Raines, A. M., **Shaw, A. M.**, Keough, M., & Schmidt, B. (2015, November). Effects of a brief anxiety sensitivity reduction intervention on obsessive compulsive spectrum symptomatology. Presented at the 49<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
15. **Shaw, A. M.**, Arditte, K. A., & Timpano, K. R. (2015, August). The link between interpersonal risk for suicide and body dysmorphic symptoms: The mediating role of depression and distress tolerance. Presented at the 22<sup>nd</sup> annual meeting of the International OCD Foundation, Boston, MA.
16. **Shaw, A. M.**, Arditte, K. A., & Timpano, K. R. (2015, April). Body dysmorphic disorder symptoms and risk for suicide: The role of depression and distress tolerance. Presented at the 35<sup>th</sup> annual meeting of the Anxiety and Depression Association of America, Miami, FL.
17. **Shaw, A. M.**, Pedersen, E. J., & Timpano, K. R. (2014, November). An experimental investigation of the effect of stress on saving behavior: The role of emotion regulation tendencies. Presented at the 48<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
18. **Shaw, A. M.**, Arditte, K. A., & Timpano, K. R. (2014, November). Obsessive-compulsive and depressive symptoms: The role of depressive cognitive styles. Presented at the 48<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
19. Timpano, K. R. & **Shaw, A. M.** (2014, July). A multimethod investigation of the relationship between stress and hoarding. Presented at the annual meeting of the International OCD Foundation, Los Angeles, CA.
20. Greenberg, J. L., **Shaw, A.**, Marques, L., & Wilhelm, S. (2010, July). "This stinks!": The phenomenology and course of olfactory reference syndrome. Oral presentation at the 17<sup>th</sup> annual meeting of the Obsessive Compulsive Foundation, Washington, D.C.
21. Greenberg, J., **Shaw, A.**, Marques, L., & Wilhelm, S. (2010, June). "*I smell like garbage*": *The phenomenology of olfactory reference syndrome in the U.S.* Presented at the 6<sup>th</sup> World Congress of Behavioral and Cognitive Therapies, Boston, MA.

## **SELECTED POSTER PRESENTATIONS AT SCIENTIFIC MEETINGS (from N = 33)**

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1. Casline, E., Patel, Z., Phillips, D., **Shaw, A. M.**, Ramirez, V., & Jensen-Doss, A. (2020, November). Clinician TF-CBT Stuck Points: doubts about trauma-focused cognitive behavioral therapy among participants in a community-based learning collaborative. To be presented at the 54<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
2. Shepard, B. D., **Shaw, A. M.**, Ehrenreich-May, J., Jensen-Doss, A., Ginsberg, G. (2019, November). Predictors of therapist adherence to the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Adolescents in community clinics. Presented at the 53<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
3. Maxwell, C. A., **Shaw, A. M.**, Mora Ringle, V. A., Jensen-Doss, A., Ehrenreich-May, J., Ginsburg, G. S., Souer, H., LoCurto, J. (2018, November). Predictors of premature treatment termination in a community effectiveness study. Presented at the 52<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
4. Mora Ringle, V. A., **Shaw, A. M.**, Patel, Z. S., Maxwell, C. A., Casline, E., LoCurto, J., Souer, H., Ginsburg, G. S., Ehrenreich-May, J., Jensen-Doss, A. (2018, November). Community therapist attitudes toward standardized progress monitoring after training in an online measurement feedback system. Presented at the 52<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
5. **Shaw, A. M.**, Braun, D. A., Tonarely, N. A., & Ehrenreich-May, J. (2018, April). Emotional vulnerabilities for pediatric OCD: Relations between distress tolerance and anxiety sensitivity and OCD. Presented at the 38<sup>th</sup> annual convention of the Anxiety and Depression Association of America. Washington, DC.
6. **Shaw, A. M.**, Arditte Hall, K. A., & Timpano, K. R. (2017, November). The role of emotional responding in the co-occurrence between body dysmorphic disorder symptoms and eating pathology. Presented at the 51<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
7. **Shaw, A. M.**, Timpano, K. R., Steketee, G. S., Tolin, D. F., & Frost, R. O. (2015, November). Emotional reactivity and hoarding: The synergistic role of indecision and confidence in memory. Presented at the 49<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
8. **Shaw, A. M.**, Morabito, D. M., Arditte, K. A., & Timpano, K. R. (2014, November). Affect intolerance and obsessive-compulsive symptoms: A structural equation modeling approach. Presented at the 48<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
9. **Shaw, A. M.**, Timpano, K. R., Doss, B. D., Abramowitz, J. S., & Schmidt, N. B. (2012, November). Postpartum obsessions and couple satisfaction: Exploring a bidirectional association and the role of perceived stress. Presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
10. **Shaw, A. M.**, Timpano, K. R., Tran, T. B., & Joormann, J. (2012, November). Social anxiety, Facebook, and rumination: What pattern of social networking predicts social anxiety? Presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.



## **CLINICAL EXPERIENCE**

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### **Supervisor and Clinician**

08/2017 – 07/2019

*Child and Adolescent Mood and Anxiety Treatment (CAMAT) Program, Dept. of Psychology, University of Miami, Coral Gables, FL*

Supervisors: Jill Ehrenreich May, PhD and Amy Beaumont, PhD

- Led group supervision for advanced graduate students in clinical psychology providing individual therapy for youth with emotional disorders (i.e., anxiety, mood, and OC-spectrum disorders) and comorbidities (e.g., externalizing and autism spectrum disorders).
- Trained and supervised practicum students on assessing suicide risk and conducting diagnostic interviews utilizing the Anxiety Disorders Interview Schedule for DSM-5 (ADIS-5) and the Mini-International Neuropsychiatric Interview for Children (MINI-KID).
- Certified on the ADIS-5; completed diagnostic evaluations and wrote diagnostic reports for youth with emotional disorders.
- Certified as a *Unified Protocol for Children & Adolescents (UP-C/A)* therapist and trainer.
- Conducted individual therapy for youth and adults with emotional disorders.

### **Clinical Fellow in Psychology**

07/2016 – 06/2017

*Dept. of Psychiatry, Massachusetts General Hospital/Harvard Medical School, Boston, MA*

Supervisors: Jennifer Ragan, PhD, Elizabeth Goetter, PhD, Michelle Jacobo, PhD, Michelle Stein, PhD, Jeanne Fama, PhD

- Provided short-term individual outpatient CBT with adolescents and adults with affective disorders and obsessive-compulsive (OC) spectrum disorders.
- Delivered brief individual therapy on an inpatient unit with adults with severe mood disorders, psychotic disorders, substance use disorders, suicidality, and homicidality.
- Co-facilitated a dialectical behavior therapy (DBT) group for adult patients with borderline personality disorder and attended weekly team meetings.
- Conducted diagnostic assessments for youth with tic disorders and attention deficit hyperactivity disorder using the MINI-KID.
- Attended weekly behavioral medicine seminar, which covered treatments for individuals with co-occurring health conditions (e.g., cancer, gastrointestinal problems, HIV).

### **Psychology Trainee Practicum Positions**

*Psychosocial Rehabilitation and Recovery Center*

09/2014 – 06/2015

*Intensive Outpatient Program (IOP), Bruce W. Carter VA Medical Center, Miami, FL*

Supervisor: Janette Rodriguez, PsyD

- Conducted individual therapy and co-led groups with veterans with serious mental illness (e.g., Schizophrenia, Bipolar Disorder, and severe depression), including a 6-month DBT skills group, social skills training, managing psychotic symptoms, and CBT for depression.

*Oliver-Pyatt Centers, IOP, South Miami, FL*

08/2013 – 06/2014

Supervisor: Kelli Malkasian, PsyD

- Provided individual and family therapy for women with eating disorders.
- Led groups, including body image, CBT, schema therapy, and self-esteem.
- Co-led weekly supported meals including food exposures.

Psychological Services Center and CAMAT

05/2012 – 06/2016

Dept. of Psychology, University of Miami, Coral Gables, FL

Supervisors: Saneya H. Tawfik, PhD & Amy Weisman de Mamani, PhD

- Provided individual outpatient CBT with adults with affective and OC-spectrum disorders.
- Co-led CBT group for children with anxiety disorders and their parents.
- Co-facilitated a group for adults with hoarding including home visits.
- Provided comprehensive evaluation of intellectual, achievement, cognitive, behavioral, and personality functioning for clients seeking psychodiagnostic evaluation. Generated integrated reports and provided feedback and treatment recommendations to clients and their families. Ages ranged from 11 to 26.

## TEACHING EXPERIENCE

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### Course Instructor

08/2018 – 04/2019

Dept. of Psychology, University of Miami, Coral Gables, FL

- Taught graduate level course (**Therapy Case Conference**) for second year doctoral practicum students.
- Instructed students on case conceptualization, treatment planning, outcome monitoring, and considering the role of diversity (using the Addressing Model) in their work with clients.
- Reviewed and provided feedback to students on session recordings.

### Guest Lecturer

11/2017 – 03/2019

Dept. of Psychology, University of Miami, Coral Gables, FL

- Guest lectured undergraduate (e.g., **Theories of Psychotherapy**) and graduate-level (e.g., **Adult Psychopathology, Evidence-Based Psychological Intervention with Children and Families**) courses on areas of expertise (e.g., DBT, Eating Disorders).

### Course Instructor

01/2014 – 12/2015

Dept. of Psychology, University of Miami, Coral Gables, FL

- Taught two credited undergraduate (**Abnormal Psychology** and **Child and Adolescent Development**) and one graduate (**Adult Psychopathology SCID laboratory**) course.
- Responsible for course planning, lecturing, testing, grading papers, and providing feedback on mock SCID interviews.

### Teaching Assistant and Guest Lecturer

08/2011 – 05/2015

Dept. of Psychology, University of Miami, Coral Gables, FL

- Teaching assistant for several courses, including Introductory Psychology, Personality Psychology, Gender Psychology, and Introduction to Statistics.

## HONORS AND AWARDS

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|------|---|
| 2018 | <b>Medical Faculty Association Travel Awards</b> , Total Funding of \$1200, <i>Miller School of Medicine, University of Miami</i> |
| 2015 | <b>Kirk R. Danhour Memorial Award for Overall Excellence</b> , <i>Dept. of Psychology, University of Miami</i>                    |
| 2015 | <b>Bertha Weber Graduate Student Appreciation Award</b> , <i>Dept. of Psychology, University of Miami</i>                         |

- 2014            **Rod Gillis Award for Excellence in Undergraduate Teaching, Dept. of Psychology, University of Miami**
- 2012 – 2013   **Outstanding Teaching Assistant, Dept. of Psychology, University of Miami**

## **INVITED TALKS/COMMUNITY LECTURES/TRAININGS**

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1. **Shaw, A. M.** (2020, March). *The Unified Protocol for Transdiagnostic Treatment of Emotional Disorders (UP): A brief approach for targeting COVID-19 related distress.* Presented via webinar to clinicians at Baylor College of Medicine.
2. **Shaw, A. M.** (2019, December). *Hoarding Disorder across the Lifespan: Assessment, Treatment, and Challenges.* Presented at a lunch and learn at Rogers Behavioral Health, Miami, FL.
3. **Shaw, A. M.** & Silva, K. (2019, December). *Emotions in Kids: How to Help your Child with Anxiety, Sadness, and Anger.* Presented to parents and counselors at a K-8 school in Miami, FL.
4. **Shaw, A. M.** & Ehrenreich-May, J. (2017, September – 2019, July). *Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Adolescents: An introductory workshop.* Conduct multi-day presentation and role-plays; trained 38 clinicians from the U.S. and Canada to date.
5. **Shaw, A. M.** & Ehrenreich-May, J. (2018, February). *Suicide in Youth: Assessment of Risk Factors and Coping Card Creation.* Presented at the 4<sup>th</sup> annual Suicide Prevention Conference at Nicklaus Children's Hospital in Miami, FL.
6. **Shaw, A. M.** (2018, July – 2018, December). *An Introduction to the Unified Protocol for the Transdiagnostic Treatment of Emotional Disorders.* Conducted presentation and role-plays; trained seven clinicians from Baylor College of Medicine in Houston, TX.
7. **Shaw, A. M.** (2017, June). *Obsessive-compulsive spectrum disorders: Emotional and cognitive vulnerabilities and implications for treatment.* Presented at the OCD-Institute research forum at McLean Hospital/Harvard Medical School, Belmont, MA.
8. **Shaw, A. M.** (2015, December). *Understanding hoarding.* Presented at a meeting of the South Miami chapter of Rotary International, South Miami, FL.
9. **Shaw, A. M.** (2014, March). *The overlap between eating disorders and OCD: Shared risk & maintenance factors and tips for efficient treatment.* Presented at the Brown Bag Training Seminars at Oliver-Pyatt Centers, South Miami, FL.
10. **Shaw, A. M.** & Timpano, K. R. (2013, March). *Working with hoarding patients.* Presented at a meeting of the Broward County Hoarding Task Force, Davie, FL.

## **PROFESSIONAL AFFILIATIONS**

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- 2010 – Present *Association for Behavioral & Cognitive Therapies* (New Professional Member)  
2015 – Present *International Obsessive Compulsive Disorder Foundation* (Member)

## **JOURNAL REVIEWING**

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**Editorial Board Member:** *Bulletin of the Menninger Clinic*

**Ad-Hoc Review for Journals:** *Behaviour Research and Therapy; Journal of Abnormal Psychology; Depression and Anxiety; Anxiety, Stress, and Coping; Psychiatry Research;*

*Journal of Affective Disorders; Journal of Cognitive Psychotherapy; Journal of Obsessive-Compulsive and Related Disorders; Clinical Psychology and Psychotherapy*

**Scientific Meetings:** *7<sup>th</sup> World Congress of Behavioral and Cognitive Therapies*

## **LEADERSHIP AND PROFESSIONAL SERVICE**

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- 2020 – Present **Sub-committee Member**, Practice Sub-Committee, *Society of Clinical Child and Adolescent Psychology*
- 2020 – Present **Committee Member**, Clinical Science in Child and Adolescent Psychology Diversity Committee, *Florida International University*
- 2019 – Present **Associate Chair**, *Miami International Child and Adolescent Mental Health Conference (MICAMH)*
- 2018 – 2019 **Scientific Program Committee Member**, *Association for Behavioral & Cognitive Therapies*
- 2017 – 2019 **Cohesiveness Subcommittee Chair**, Dept. of Psychology Diversity and Equity Committee, *University of Miami*
- 2015 **Student Representative**, Adult Track Faculty Search Committee, *University of Miami*
- 2014 – 2016 **Co-Chair**, Psychology Graduate Student Organization, *University of Miami*
- 2012 – 2013 **Adult Track Representative**, Psychology Graduate Student Association, *University of Miami*

## **PROFESSIONAL TRAININGS**

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### **Professional Skills**

**Qualitative Methods Seminar** (12/2019) 2 hrs; *Sara Mijares St-George, PhD & Joseph De Santis, PhD*, University of Miami

**Supervisory Skills for Postdoctoral Scholars** (10/2019) 3 hrs; *Eran Arbel, MS & Joliett Vega-Klucevsek, MS Ed*, Florida International University

**Tools for Making Feedback on Student Writing More Effective** (10/2019) 1 hr; *Ming Fang, PhD & Paul Feigenbaum, PhD*; Florida International University

**Supervision: A Guide for Mental Health Professionals Online Course** (09/2015) 6 hrs; American Psychological Association

### **Clinical Care in Vulnerable Populations**

**The Need for Contextually-Relevant and Culturally-Specific Trauma-Informed Interventions for Youth Exposed to Community Violence** (03/2020) 3 hrs; *Noni Gaylord-Harden, PhD*; MICAMH

**Best Practices in Behavioral Health for Transgender and Gender Non-Conforming People** (06/2017) 5 hrs; *Alex Keuroghlian, MD & Robert Kitts, MD*; Massachusetts General Hospital

**Stories of Survival: Jewish Culture, Eating Disorders, & Children of Holocaust Survivors** (11/2013) 2.5 hrs; *Wendy Oliver-Pyatt, MD*; Oliver-Pyatt Centers

**Counseling Individuals and Families: Gender and Orientation Concerns** (04/2014) 2 hrs; *Terilee Wunderman, PhD, MFT & YES Institute*; University of Miami

### **Evidence-Based Treatments**

**Selective Mutism Training Institute: A Professional Training Workshop for Selective Mutism** (05/2020) 12 hrs; *Rachel Busman, PsyD, Jami M. Furr, PhD, Emily Doll, MA, MS, CCC-SLP, & Aileen Herrera, MS, RMCI; Selective Mutism Association webinar*

**A Broken Hallelujah: Working Effectively and Respectfully with Individuals Who Have Scrupulosity** (10/2019) 1.5 hrs; *Jedidiah Siev, PhD; OCD Central and South Florida*

**Cognitive Therapy for Suicide Prevention**

(10/2016) 5 hrs; *Gregory K. Brown, PhD & Kelly L. Green, PhD; Association for Behavioral & Cognitive Therapies Convention*

**Motivational Interviewing Seminar**

(11/2014) 3.5 hrs; *Clara Avalos, PhD; University of Miami*

**Cognitively-Focused Treatment for Obsessive-Compulsive Disorder**

(11/2012) 2.5 hrs; *Maureen Whittal, PhD; Association for Behavioral & Cognitive Therapies Convention*